

## **Benefits of Combining Curcumin and Resveratrol |**

### **结合姜黄素和白藜芦醇的好处**

## **A**

### **Anti inflammatory / 消炎**

#### **EN Links-**

1. <https://arthritis-research.biomedcentral.com/articles/10.1186/ar2850>
2. <https://www.sciencedirect.com/science/article/abs/pii/S0271531719308802>

#### **CN Links-**

1. <https://ichgcp.net/zh/clinical-trials-registry/NCT01964846>
2. <https://www.x-mol.com/paper/1247929250686898176/t?recommendPaper=1278795553253830656>

### **Arthritis / 关节炎**

#### **EN Links-**

1. <https://www.sciencedirect.com/science/article/abs/pii/S0928098715003334>
2. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3344210/>
3. <https://pubmed.ncbi.nlm.nih.gov/26206297/>

#### **CN Links-**

1. <https://www.x-mol.com/paper/1352384140157562880/t>
2. <http://rs.yiigle.com/CN112137201741/1010825.htm>
3. [https://www.sohu.com/a/437261046\\_120446954](https://www.sohu.com/a/437261046_120446954)

## C

### Cancer Treatment / 癌症治疗

#### EN Links-

1. <https://pubs.rsc.org/en/content/articlelanding/2019/fo/c9fo01014a/unauth>
2. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4875984/>
3. <https://www.tandfonline.com/doi/abs/10.1080/01635580902752262>
4. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5133053/>
5. <https://bmccancer.biomedcentral.com/articles/10.1186/s12885-020-07072-0>

#### CN Links-

1. <https://www.x-mol.com/paper/1235657171920470016/t?recommendPaper=1263725920807657472>

### Chemopreventive / 化学预防

#### EN Links-

1. <https://www.tandfonline.com/doi/abs/10.1080/01635581.2010.510259>
2. <https://pubmed.ncbi.nlm.nih.gov/20924971/>
3. [https://www.researchgate.net/publication/47350395\\_Colorectal\\_Cancer\\_Chemopreventive\\_Role\\_of\\_Curcumin\\_and\\_Resveratrol](https://www.researchgate.net/publication/47350395_Colorectal_Cancer_Chemopreventive_Role_of_Curcumin_and_Resveratrol)

#### CN Links-

1. <https://www.x-mol.com/paper/1265039565562945536/t?recommendPaper=968888>
2. <https://www.x-mol.com/paper/1323712515824390144/t>

### Cognitive Disorder Management / 认知障碍管理

#### EN Links-

1. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6273006/>
2. <https://www.mdpi.com/1420-3049/21/9/1243>
3. <https://content.iospress.com/articles/journal-of-alzheimers-disease/jad161115>

#### CN Links-

1. <https://www.x-mol.com/paper/1247929250686898176/t?recommendPaper=1278795553253830656>

## **D**

### **Diabetes Mellitus / 糖尿病**

#### **EN Links-**

1. <https://onlinelibrary.wiley.com/doi/abs/10.1002/ptr.2070>
2. <https://inforesights.com/mcp/files/mcp4v1i1.pdf>
3. <https://pubmed.ncbi.nlm.nih.gov/17199240/>

#### **CN Links-**

1. <https://www.x-mol.com/paper/1352384140157562880/t>

## **E**

### **Enhance Pancreatic Cell Function / 增强胰腺细胞功能**

#### **EN Links-**

1. [https://www.researchgate.net/publication/266682499\\_Resveratrol\\_and\\_curcumin\\_enhance\\_pancreatic\\_cell\\_function\\_by\\_inhibiting\\_phosphodiesterase\\_activity](https://www.researchgate.net/publication/266682499_Resveratrol_and_curcumin_enhance_pancreatic_cell_function_by_inhibiting_phosphodiesterase_activity)
2. <https://pubmed.ncbi.nlm.nih.gov/25297556/>

#### **CN Links-**

1. <http://html.rhhz.net/njnydxxb/202004023.htm>
2. <https://www.wjgnet.com/1009-3079/full/v22/i31/4769.htm>

## **M**

### **Metabolic Disease / 代谢病**

#### **EN Links-**

1. <https://www.hindawi.com/journals/omcl/2013/639541/>

#### **CN Links-**

1. <https://ichgcp.net/zh/clinical-trials-registry/NCT01964846>
- 2.

# O

## **Obesity / 肥胖症**

### **EN Links-**

1. <https://www.hindawi.com/journals/omcl/2017/1459497/>
2. [https://www.researchgate.net/publication/281268498\\_Biochemical\\_effects\\_of\\_Resveratrol\\_and\\_Curcumin\\_combination\\_on\\_obese\\_diabetic\\_rats](https://www.researchgate.net/publication/281268498_Biochemical_effects_of_Resveratrol_and_Curcumin_combination_on_obese_diabetic_rats)
3. <https://academic.oup.com/jn/article/148/3/379/4930813?login=true>